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# I'm Down With You, An Inspired Journey



## Synopsis

Im Down with You will take you on an inspired journey with the people of the Down syndrome community. With the gift of an extra chromosome, they are in fact not disabled but abled with the ability to love without hierarchy, have strong self-esteem and impact everyone they touch with an uplifting spirit found too rarely in our world these days. Im Down with You features over 100 portraits of individuals, families and friends as well as essays by Betsy Goodwin, NDSS Founder; Sharon Stone, Actor and Activist; Anthony Shriver, CEO and Founder of Best Buddies; John McGinley, Actor and National Spokesperson for Buddy Walk; and Jagatjoti Khalsa, photographer and creator of Im Down with You.

## Book Information

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## Customer Reviews

The final results of this book surpassed my expectations and is absolutely gorgeous in more ways than one. I will get to the sentimental aspect in a moment, but first I want to commend the efforts of the well planned lay-out, design and the fluidity of the book with the gradual transition from babes, to children, to hip teens, to grown loving, successful adults. The striking black and white photographs capture candid, in-the-moment feelings that leave the viewer experiencing genuine, honest presence from the person being photographed. I love reading the parent quotes and the photographer, Jagatjoti's, raw feedback of what he experienced while taking their portraits. If this book would have been produced and available when our daughter, Iris, was first born, as a new parent of a child with Down Syndrome experiencing a wide array of uncertainty and fear, this book would have helped ease my anxiousness and provided confidence, encouragement, and excitement

for Miss Iris' future. Thank heavens Iris did that on her own! But that aside, I am happy this book is now available for the world to see we are more alike than different. Thank you for having the vision and producing this, Jagatjoti Singh Khalsa! My husband's feedback (Iris' father): 'I'm Down with You' is a beautiful picture book with heartfelt and inspiring descriptions from loved ones of individuals with Down syndrome. Jagatjoti magically presents just a moment in time the love and inspiration very few get to experience throughout a lifetime, transcending the generations from new born to mature adult. The medium of black and white photography absorbs the reader and creates a connection that is easily shared. The book is truly like no other and belongs on the coffee table, book shelf, or library of any relative, friend, care giver, or professional in the education and health care industry. James Tervo Vice President, Down Syndrome Network Oregon

This is a beautiful book filled with images and narrative that will warm your heart! The creator of this book really gets people with Down syndrome, and fully understands why people love and adore them. It is unusual for someone that doesn't have a direct personal relationship with a person with Down syndrome to have such incredible insight into the wonderful and special characteristics that make them such special people. This book would be a great gift for someone that has learned they are carrying a baby with Down syndrome, or that has recently had a baby with Down syndrome. I would have treasured it at that time in my life, but unfortunately, it did not exist then. I'm going to buy copies for several people I know that have babies and young children with Down syndrome just to share the beauty captured here. You won't be disappointed!

In addition to all the beautiful images that you will see throughout the book, the author's words in the first two pages captures it all. As a parent, I haven't been able to put how I feel about my child into words, so he's done it for many of us. Prior to writing this book, Mr. Khalsa didn't have an affiliation to this group of wonderful people, yet he presents this community in such a positive and respectful manner. This book will be cherished for years to come and has given the world of DS such a positive image in a world of people thirsting to be perfect. They already have what we are looking for; unconditional love, kindness, suspending judgement, to find the good in others, and living in the moment. When you purchase one, you'll want to buy more for others!

This book opens up a door for people who aren't familiar with the world of Down syndrome. It is simple & to the point. Just looking at all of the wonderful images that were captured brings you closer to all of the individuals in this book. Yes...I can say that I really didn't know much about the

intimate details of Down syndrome before my daughter was born. I was frightened for my newborn & not sure how family & friends would receive her. Four years later I can see that I had NOTHING to be afraid of. I would definitely recommend this book for parents/grandparents expecting a newborn with Down syndrome as well as anyone else that is just curious & wants to see people with Down syndrome & their families for what they are....FAMILIES. :)

I pre-ordered 2 copies of this book -- one for myself (lucky Godmother to darling 2-1/2 year old Heath with DS) and one for Heath's mom, my sister. When they arrived at my house, I was thrilled with the absolutely beautiful photography and the very moving and sometimes funny stories written about each of the people photographed. I had tears in my eyes while reading it because it is such a loving and gentle and POSITIVE portrait of those with Down Syndrome. It focuses on all the things those with Down Syndrome have to offer the world. If you want to see pure love, joy, acceptance, tolerance (all the things we need more of in this world!), just look into those beautiful eyes!

Picked up this book because it has a young lady from Fresno in it and I could support our Central California Down Syndrome Association organization. What I found was heart-warming stories about having a child with Down Syndrome that are filled with love, happiness, and possibilities for the future. Each picture is pure joy and captures the beauty of each individual. I was especially touched by the picture and story of the pregnant mother awaiting the birth of her child already known to have Down Syndrome. Our children (my daughter is Marisa) HAS Down Syndrome, but she IS NOT Down Syndrome, she is much more! Thanks to this book that show that they are so much more!

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